

## Quality of Life Assessment Tool

This is a tool used to start a discussion about quality of life (QOL) for your beloved pet. We urge you to use multiple tools like this during this difficult journey, we have also included The HHHHHMM Scale on our website. If you have any questions/concerns, please reach out and we would be happy to discuss.

1= All the time

2= Sometime

3= Never

Score

Total

Has your pet exhibited an increased amount of panting, shaking, or limping?		
Is your pet isolating or hiding?		
Has your pet's posture changed?		
Does your pet enjoy being pet, groomed, or react differently than before?		
Has your pet's vocal behavior changed?		
Is there a known disease process causing pain?		
Has your pet lost the ability to move around freely?		
Does your pet struggle to walk?		
Does your pet struggle to groom?		
Does your pet avoid certain positions/difficulties laying down?		
Is night-time more difficult for your pet?		
Has your pet's sleep schedule changed in any way?		
Does your pet seem depressed/sad?		
Does your pet seem weak/unsteady?		
Is your pet restless or anxious more often?		
Is your pet less interested in their daily routines?		

Is your pet unable to play or go for walks?		
Do the bad days outnumber the good?		
Do you have concerns about responding to an emergency?		
Do you struggle to manage daily medications and care?		
Do you have concerns about affording your pets medical care?		
Do you have concerns about affording your financial responsibilities (beyond your pet)?		
Does your pet rely on you to move/carry them?		
Are you changing your own sleep pattern to care for your pet?		
Do you feel you/and your pet are ready?		

**25-50**

Consider Euthanasia

**50-75**

Consider QOL Discussion

**75+**

Routine Care